



CRAFT

Swords of the Spirit

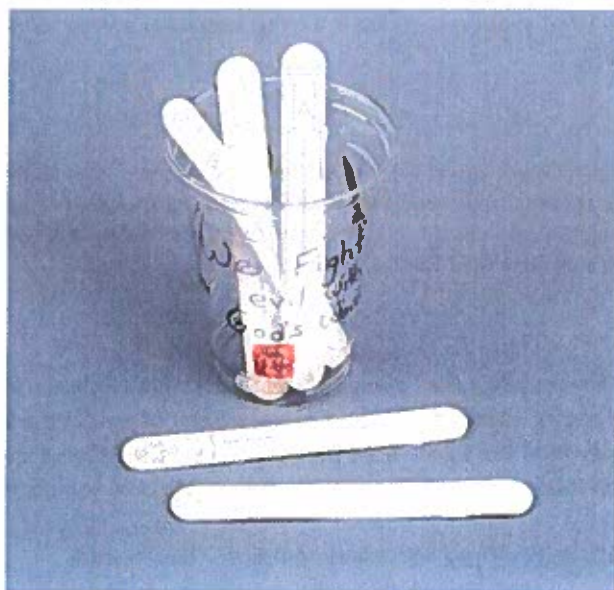
[20 min]

Supplies

- "Sword of the Spirit" handout (1 per child) (download [here](#))
- jumbo craft sticks (5 per child)
- scissors
- glue sticks
- cups (1 per child)
- permanent markers

Easy Prep

- Make a sample craft to show kids.



Make a Set of Swords

Show kids the sample craft you made. Give each child five jumbo craft sticks and a "Sword of the Spirit" handout. Set out the remaining supplies to share, and have kids follow these directions to make a set of swords.

- Cut out the swords on the handout.
- Glue the swords to the front and back of jumbo craft sticks. Be sure to match the swords (notice the handles are different!) so you have matching swords on both sides of each craft stick.
- Decorate the cup with permanent markers. Include the point: We fight evil with God's Word.

Talk About It

Ask: • **Which sword do you think you'll need to use the most?** Share your own example first. By modeling that you also struggle with temptation, you can help kids be more open in sharing.

- **How can the verse on that sword help you when you face that temptation?**

Say: **Satan wants us to think that going against God's plan is the best way. But you know what? We don't have to fall for his lies and tricks! We have an amazing sword that has a response to every single temptation he throws our way. So pick up your sword every day and remember that we fight evil with God's Word.**

Have kids take their sword sets home and read one daily so they're ready to fight off the enemy's temptations.



HIGH-ENERGY GAME

Play Ball!

[10 min]

Supplies

- plastic Wiffle ball bat
- Wiffle ball or small Nerf ball
- plastic cones or chairs
- music player (optional)
- upbeat music (optional)

Easy Prep

- Create a baseball diamond by placing cones or chairs in a diamond shape in your playing area.

Tip

- If you used the Music Video block, consider repeating the songs from today's lesson during the game. You can find the downloadable album [here](#).

Play Wiffle Ball

- Divide into two teams. Have one team spread out in the outfield and the other team bat first.
- With an adult or teen helper pitching, play a version of baseball, but instead of getting outs, play until all team members have a chance to hit the ball and run all the bases. Then trade places so the other team hits and runs.
- Play as time allows, making sure each child bats a least once.

Talk About It

Ask: • How is a bat like or unlike the "sword of the Spirit" Paul writes about in Ephesians 6:17?

Say: Like a baseball player uses a bat to hit a baseball out of the ballpark, we fight evil with God's Word. God's Word is the sword of the Spirit. It's a tool to help us blast temptations out of here!

Ask: • When has something from the Bible helped you get rid of temptation? Share a story from your life to begin.

Say: We fight evil with God's Word and tell temptation, "You're out!"

Sword of the Spirit

