

Psalm 23: My Cup Overflows Psalm 23:5-6; Ruth 2-4



Here's what happens...

At the end of his song about how God is like our shepherd, David celebrates God's blessings in his life, proclaiming that his cup overflows with blessings.

Those blessings include God's goodness and unfailing love pursuing him. For Ruth, God's blessings include food and family.

Bible Point:

God blesses us.

"The Lord is my shepherd; I have all that I need"
(Psalm 23:1).

Through the Week

- Count your blessings...literally!
- Draw a large cup on a piece of paper.
- Write the numbers 1 through 20 inside the cup outline.
- Throughout the week, pay attention to God's blessings. When you find one, write it next to a number.
- Preschoolers can join in the fun—they just need to tell someone what to write.
- See if you can overflow the cup by the end of the week. When you've filled in all 20 spaces, write blessings around the cup!

Church Announcements

- Check out "Melda's Story" in the teaching video Melda lost her dad, kind of like Ruth lost her husband. But then God blessed them! God gave both Melda and Ruth new people to love and people to care for them. No matter what's going on in our lives, God is ready to overflow our cups with blessings. God blesses us, so be sure to count his blessings!
- Please be checking out Pastor Josh announcements on how we plan to reopen.

Talk About This...

- What are you thankful for about our family?